

Proud member of



INDEPENDENT CHOICE

August 2020

Pull up a chair. Take a taste. Come join us. Life is so endlessly delicious.
- Ruth Reichl



Nutiva
Organic Coconut Manna

\$7²⁹

15 oz



Simple Mills
Crunchy Almond Flour Cookies

\$3⁴⁹

5.5 oz



Once Again Nut Butter
Organic Tahini

\$5⁷⁹

16 oz



One Degree Organics
Organic Sprouted Cereal
(selected varieties)

\$4²⁹

8-12 oz



GoMacro
Organic MacroBar

2/\$4

2-2.4 oz



GT's
Organic Enlightened
Kombucha

2/\$5

16 oz



Honest Tea
Organic Iced Tea

4/\$5

16 oz



Organic Valley
Organic Mozzarella
Stringles

\$3⁷⁹

6 oz



Siete
Grain Free
Tortillas

\$6⁴⁹

8 ct



Amy's
Burrito
(selected varieties)

2/\$5

5.5-6 oz



Late July
Organic Crackers

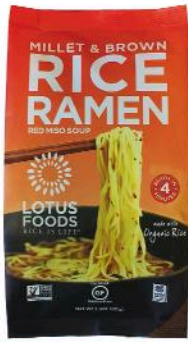
\$2⁷⁹

5 oz



Prices & varieties may vary by location. Some items or varieties may not be available at all stores or on the same days in the month of August.

Lotus Foods
Rice Ramen



2/\$3

2.8 oz

Annie's
Mac & Cheese
(selected varieties)



5/\$5

5.25-6 oz

Daiya
Deluxe
Cheezy Mac



\$3²⁹

10.6-10.9 oz

Santa Cruz Organic
Organic Apple Sauce Cups



\$3²⁹

6-4 oz

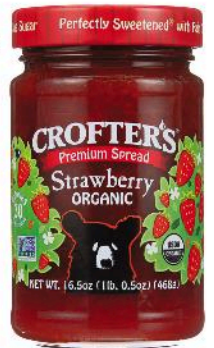
Peter Rabbit Organics
Organic Baby
Food Pouch
(selected varieties)



2/\$3

4-4.4 oz

Crofter's Organic
Organic Premium
Spread
(selected varieties)



\$3⁷⁹

16.5 oz

EPIC
Meat Bar



2/\$4

1.3-1.5 oz

Bobo's
Oat Bar
(selected varieties)



2/\$4

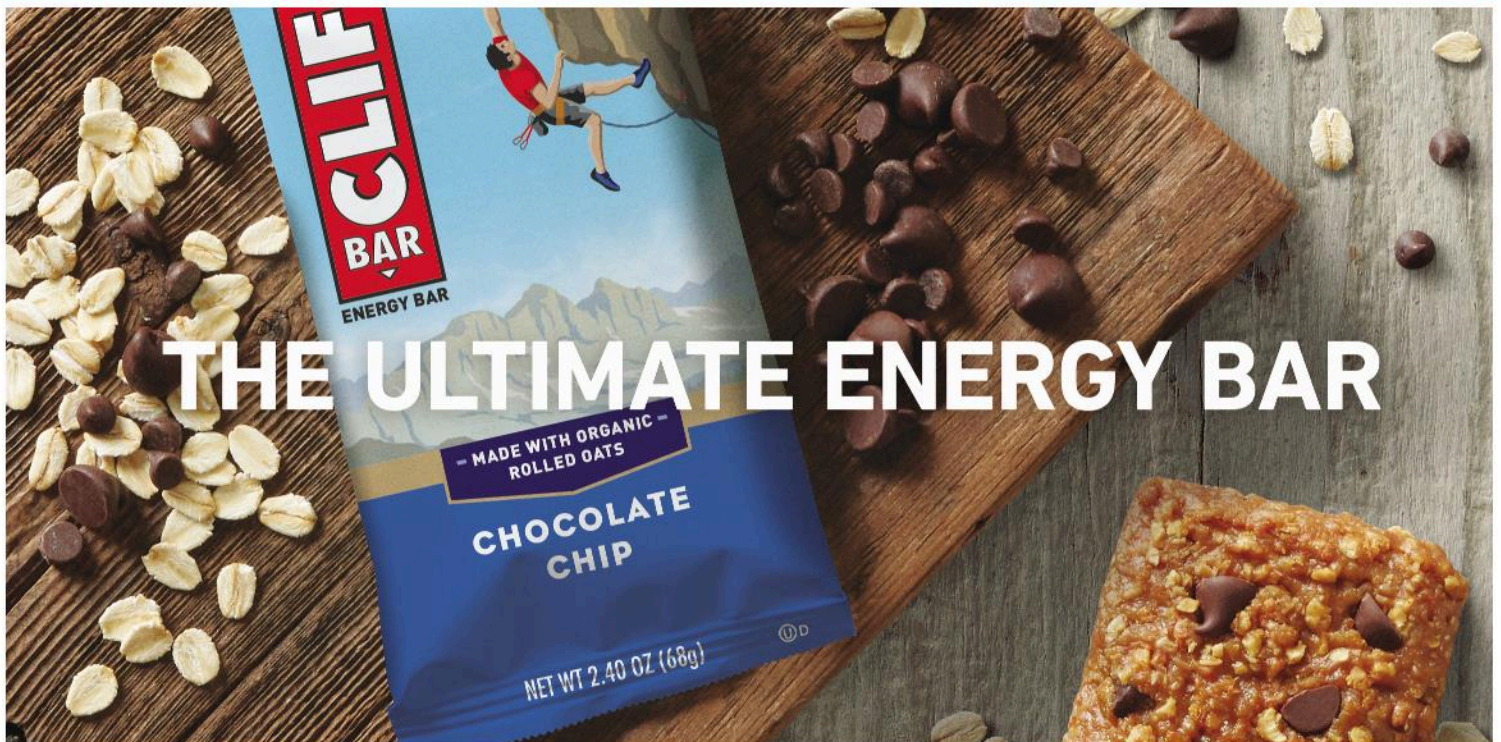
3 oz

Clif Bar
Energy Bar
(selected varieties)



5/\$5

2.4 oz



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MADEGOOD

Trust in something good.

Hungry minds run on healthy snacks

Children love to learn. When their bellies are full their minds open up. MadeGood Granola Bars are packed with simple, organic ingredients. The good stuff to fuel their studies and keep kids focused on changing the world.



MadeGood Organic Granola Bars

\$3²⁹

6 ct



Enjoy Life Foods Soft Baked Cookies

\$3²⁹

6 oz



Annie's Organic Bunny Fruit Snacks (selected varieties)

2/\$5

4 oz



Annie's Organic Bunny Crackers (selected varieties)

2/\$5

7.5 oz



Good Health Olive Oil Potato Chips

2/\$4

5 oz



gimMe Organic Organic Seaweed Snack

2/\$3

.35 oz



Peeled Snacks Organic Baked Pea Crisps

2/\$4

3.3 oz



Inka Crops Plantain Chips (selected varieties)

2/\$3

3.25-4 oz



Late July Organic Multigrain Tortilla Chips

2/\$5

5.5-6 oz



Beanitos Bean Chips (selected varieties)

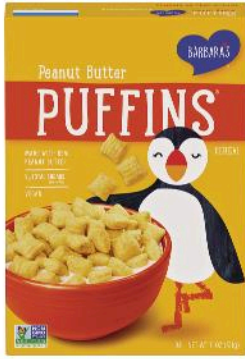
2/\$5

4.5-5 oz



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Barbara's
Puffins Cereal



\$3²⁹

10-11 oz

Cascadian Farm Organic
Organic Cereal
(selected varieties)



2/\$5

8.6-14.6 oz

Purely Elizabeth
Granola



\$4⁹⁹

12 oz

Birch Benders
Keto Pancake
& Waffle Mix



\$5²⁹

10 oz

Arrowhead Mills
Pancake &
Waffle Mix
(selected varieties)



\$3⁷⁹

26 oz

Justin's
Organic Nut
Butter Cups



2/\$3

1.32-1.4 oz

Coombs Family Farms
Organic Grade A Dark
Robust Maple Syrup



\$8⁴⁹

12 oz

SweetLeaf
Sweet Drops
(selected varieties)



\$5⁷⁹

2 oz

Organic Valley
Organic Ghee



\$8⁴⁹

7.5 oz

USE IT TO MAKE



SNACKS

BREAKFAST

FRIENDS

Justin's

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Lakewood
Organic Pure
Aloe Juice



\$5²⁹

32 oz

Topo Chico
Sparkling
Mineral Water



89¢

12 oz

Vita Coco
Coconut Water



2/\$6

1 lt

Three Trees
Organic Almondmilk



\$5²⁹

28 oz

Ripple Foods
Plant-Based Milk
(selected varieties)



\$3²⁹

48 oz

Califia Farms
Plant Milk
(selected varieties)



\$3⁷⁹

48 oz

So Delicious
Coconutmilk Yogurt
Alternative
(selected varieties)



2/\$3

5.3 oz

Wallaby
Organic Greek Yogurt
(selected varieties)



\$5⁷⁹

32 oz

Organic Valley
Organic Half & Half
(selected varieties)



\$3⁹⁹

32 oz

The Greek Gods
Greek Style Yogurt
(selected varieties)



\$2⁹⁹

24 oz

Perfect Bar
Protein Bar



2/\$4

2.2-2.5 oz

So Delicious
Coconutmilk
Frozen Dessert
(selected varieties)



\$4⁷⁹

1 pt

Udi's Gluten Free
Gluten Free Bread



\$4²⁹

12-14.3 oz

NeoCell
Super Collagen



\$12⁷⁹

7 oz

Vibrant Health
Green Vibrance



\$41⁹⁹

11.92 oz

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Orgain.
Snack time. Meal time.
Anytime.

Smooth and deliciously clean nutrition shakes packed with 16g of protein and 21 vitamins & minerals.

- Non-GMO
- No Soy
Ingredients
- Gluten
Free
- No Dairy
Ingredients
- No Added
Preservatives



**Orgain
 Organic Vegan
 Nutritional Shake**



\$2²⁹
 11 oz

**Natural Vitality
 Natural Calm
 (selected varieties)**



\$12⁹⁹
 8 oz

**Natural Factors
 Stress-Relax®
 Tranquil Sleep
 Chewable**



\$21⁹⁹
 60 tab

**Charlotte's Web
 Hemp
 Extract-Infused
 Gummies**



\$35⁹⁹
 60 ct

**Nordic Naturals
 Nordic Berries**



\$18⁹⁹
 120 ct

**Rainbow Light
 Vibrance
 Women's One**



\$15⁴⁹
 60 tab

**Boiron
 Camilia
 Liquid Doses**



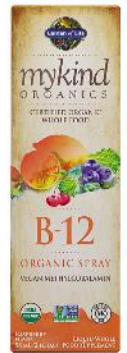
\$9⁹⁹
 30 ct

**ChildLife Essentials
 Multi Vitamin
 & Mineral**



\$10⁴⁹
 8 oz

**Garden of Life
 myKind Organics
 B-12 Organic Spray**



\$13⁹⁹
 2 oz

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**Renew Life
Ultimate Flora
Women's Care
Probiotic 90 Billion**



\$37⁹⁹

30 ct

**Dr. Bronner's
All-One Toothpaste**



\$4⁴⁹

5 oz

**Tom's of Maine
Toothpaste
(selected varieties)**



\$4⁹⁹

4-5.5 oz

**Mrs. Meyer's Clean Day
Liquid Hand Soap
(selected varieties)**



\$3⁷⁹

12.5 oz



Immune Boosting Shot

What you'll need: 1 inch piece of fresh turmeric root
1 navel orange 1 pinch of black pepper
1 inch piece of fresh ginger 1 T honey

Peel oranges, ginger and turmeric. Add all ingredients to blender and blend until pureed. Enjoy!

**Mineral Fusion
Volumizing Mascara**



\$12⁴⁹

0.57 oz

**Thayers
Witch Hazel
Facial Toner**



\$7²⁹

12 oz

**Andalou Naturals
1000 Roses
Cleansing Foam**



\$8⁹⁹

5.5 oz

**Desert Essence
100% Australian
Tea Tree Oil**



\$7⁷⁹

1 oz



**ECOS
Dishmate Dish Soap**



\$2⁷⁹

25 oz

**Seventh Generation
Liquid Laundry
Detergent
(selected varieties)**



\$10⁹⁹

100 oz

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We are part of Independent Natural Food Retailers Association (INFRA), a network of independent retailers of all sizes working together to further the future of real food—for our communities and for our planet.

Together, we're able to provide you with discounts on the food you love as well as collaborate to achieve important goals of increasing sustainability and addressing climate change.

Independent Choice specials are available at Independent Natural Food Retailers Association member store locations. For more information and a complete listing, please visit www.naturalfoodretailers.net

CONNECTICUT

- The Common Bond Market
- Chamomille Natural Foods
- It's Only Natural Market
- Nature's Temptations
- New Morning Market
- Thyme & Season

DELAWARE

- Harvest Market

DISTRICT OF COLUMBIA

- Glen's Garden Market
- Yes! Organic Market

MAINE

- Bath Natural Market
- Lois' Natural Marketplace
- Morning Glory Natural Foods
- New Morning Natural Foods
- Rosemont Market & Bakery
- Royal River Natural Foods
- Uncle Dean's Good Groceries

MARYLAND

- Chestertown Natural Foods
- Community Garden Market
- David's Natural Market
- Dawson's Market
- Roots Market
- The Good Earth Natural Foods Co
- Yes! Organic Market

MASSACHUSETTS

- The Alternative Market
- Better Life Whole Foods
- Cambridge Naturals
- City Feed & Supply
- Common Crow Natural Market
- Cornucopia Natural Wellness Market
- Debra's Natural Gourmet
- Down to Earth Natural Foods
- The Good Seed Natural Food Market
- Guido's Fresh Marketplace
- Nantucket Green Grocer
- Neighborhood Produce
- Roots Natural Foods
- Rory's Market

NEW HAMPSHIRE

- Granite State Naturals
- Maggie's Market
- Nature's Green Grocer
- Portsmouth Health Food Center
- Sunflower Natural Foods

NEW JERSEY

- A-1 Nutrition Store
- Back to Nature
- Basil Bandwagon Natural Market
- Dean's Natural Food Market
- Green Acres Health Food Store
- Green Life Market
- Green Street Market
- Healthfair Natural & Organic Food Market
- Healthway Natural Food Center
- Healthy Thymes Market
- Nature's Corner Natural Market
- Nature's Nutrition
- Nature's Pavilion
- Pangaea Naturals
- Whole Earth Center

NEW YORK

- A Matter of Health
- Cornucopia Natural Foods
- Down to Earth Whole Foods
- Downtown Natural Market
- Feel Rite Fresh Markets
- Food For Health
- Four Seasons Natural Foods
- Good 'N Natural
- Green Earth Health Market
- Green Organic Market
- Green Planet Grocery
- Greene Grape Provisions
- Hawthorne Valley Farmstore
- Health Beat Natural Foods
- Jandi's Natural Market
- Kaaterskill Farm Natural Storehouse
- LifeThyme Natural Market
- The Local Food Market
- Lori's Natural Food Center
- Mother Earth's Storehouse
- Nature's Pantry
- Sunflower Natural Foods Market
- Uncle Sam's Good Natural Products

PENNSYLVANIA

- Big Bear Natural Foods
- Bloom Naturally
- Earthlight Natural Foods
- Everything Natural
- Everything Natural Under the Sun
- Frey's Better Foods
- The Healthy Grocer
- Health Hut
- Kimberton Whole Foods
- Leg Up Farmers Market
- Lemon Street Market
- Martindale's Natural Market
- Nature's Harvest
- Nature's Pantry
- Nature's Way Easton
- Nature's Way Market
- Organnons Natural Market
- Queen's Nutritional Products
- Riverwards Produce
- Sonnenwald Natural Foods
- Soulberry Natural Market

RHODE ISLAND

- Nature's Goodness
- The Green Grocer

VERMONT

- Natural Provisions

VIRGINIA

- Eats Natural Foods
- Ellwood Thompson's
- Good Foods Grocery
- Harvest Market
- Health Nut Nutrition
- Health Trail Natural Foods
- Organic Food Depot
- Rebecca's Natural Foods
- Yes! Organic Market

WEST VIRGINIA

- Community Garden Market
- Good Natured Market & Vegetarian Cafe

